

13th Biennial

Canadian Orthopaedic Foot & Ankle Symposium



Skills Lab Day

April 19, 2018

Surgical Skills Lab

April 20-21, 2018

Sheraton Centre Downtown Toronto

Program

Thursday, April 19, 2018

Pre Skills Lab Day

University of Toronto Surgical Skills Centre at Mount Sinai Hospital
Mount Sinai Hospital, 600 University Avenue, Level 2 - Room 247-1

0645 Breakfast and registration

0720 Welcome

0730 **Lecture:** Lateral ligament reconstruction – Brostrum, Allograft reconstruction. *Jonathan Deland, Johnny Lau*

Morning Lab

0800 Lateral ligament reconstruction *Bryce Henderson, Dmitri Tsvetkov, Monica Volesky, Iain Russell, Jonathan Deland, Ali Al-Beer*

1000 Coffee Break

1015 **Lecture:** MIS calcaneal osteotomy *Alastair Younger, Warren Latham*

1030 **Lab:** MIS calcaneal osteotomy *Alastair Younger, Kevin Wing, Warren Latham, Jerry Xing, Murray Penner*

1230 Working Lunch *Tim Daniels, Johnny Lau*

Afternoon Lab Room splits equally between two TAR groups

1330 TAR *Peter Dryden, Andrew Dodd, Nicholas Smith, Jerry Xing*

1530 Coffee Break

1545 TAR *Murray Penner, Kevin Wing, Karl Lalonde, Monica Volesky, Ruth Chaytor, Joel Marash, Jeremy Lamothe, Iain Russell*

1700 End of day

Friday, April 20, 2018

Sheraton Centre Downtown, 123 Queen St W, Toronto, ON
Dominion Ballroom, 2nd Floor

0700 Breakfast and registration

0750 Welcoming remarks *Tim Daniels, Johnny Lau*

Professor's Rounds

Moderator – Johnny Lau

Session case presentations and discussion with audience.

0800 Discussions by the water cooler

Panel discussion with audience – *Anish Kadakia, Kevin Wing, Karl-Andre Lalonde, Jeremy McCormick, Murray Penner, Jonathan Deland, Marcus Knupp, Selene Parekh, Johnny Lau, Thomas Lee, Andrew Dodd*

0900 Mistakes I never want to make again

Panel – *Tim Daniels, Mark Glazebrook, Bryce Henderson, Sheldon Lin, Jeremy McCormack, Karl-Andre Lalonde, Warren Latham, Alastair Younger, Jonathan Deland*

Continuation of plenary session into group session Groups to break out into 7 break-out sessions

1. *Alastair Younger, Thomas Lee, Selene Parekh* Room: Dominion A
2. *Marcus Knupp, Murray Penner, Monica Volesky* Room: Dominion B
3. *Tim Daniels, Ruth Chaytor, Karl-Andre Lalonde* Room: Roosevelt
4. *Jonathan Deland, Anish Kadakia, Johnny Lau* Room: Churchill
5. *Warren Latham, Kevin Wing, Sheldon Lin, Bryce Henderson* Room: MacKenzie

6. Peter Dryden, Mark Glazebrook, Jeremy McCormick Room: City Hall A
7. Jeremy Lamothe, Sagar Desai, Elizabeth Pedersen Room: City Hall B

1000 Break

Continuation

Moderator – Tim Daniels

Session incorporates current patients, panel discussion and continuous interactivity with audience throughout.

1015 Patient presentation

Panel – Anish Kadakia, Jonathan Deland, Selene Parekh, Murray Penner, Johnny Lau, Peter Dryden, Marcus Knupp, Thomas Lee

1130 Lunch

Foot & Ankle Debates

Moderator – Gordon Goplen

1230 Lis Franc & midfoot fractures – Primary fusion vs ORIF

Presenting Case: Elizabeth Pedersen

Panel: Alastair Younger, Murray Penner, Anish Kadakia, Iani Russell, Bryce Henderson, Sagar Desai

1300 Ankle fusion vs ankle replacement

Presenting Case: Mark Glazebrook

Panel: Tim Daniels, Jonathan Deland, Peter Dryden, Marcus Knupp, Thomas Lee, Selene Parekh, Kevin Wing, Ruth Chaytor, Jeremy Lamothe, Joel Marash

1330 Flat foot surgery – Fusion vs extra-articular reconstruction

Presenting Case: Jonathan Deland

Panel: Anish Kadakia, Sara Lyn Miniaci-Coxhead, Sheldon Lin, Albert Yee, Karl-Andre Lalonde, Warren Latham, Dmitry Tsvetkov

1400 Calcaneal fractures – ORIF vs non-operative management

Presenting Case: Richard E. Buckley

Panel: Johnny Lau, David Stephen, Jerry Xing, Andrew Dodd, Peter Dryden, Joe Shatzker

1500 Break

Forefoot

Moderator – Ruth Chaytor

Each topic will include a case presentation, panel discussion and a minimum of 10 min interactivity with audience.

1515 The role of minimally invasive forefoot surgery

Presenting Case: Johnny Lau

Panel: Jerry Xing, Marcus Knupp, Mark Glazebrook, Alastair Younger, Warren Latham

1545 Hallux valgus correction – So many options, what do I choose?

Presenting case: Tim Daniels

Panel: Anish Kadakia, Alastair Younger, Sagar Desai, Murray Penner

1615 Freibergs and Sesamoid pathology – The role of arthroplasty

Presenting Case: Alastair Younger

Panel: Tim Daniels, Sheldon Lin, Elizabeth Pedersen, Selene Parekh

1645 Lesser MTPJ instability – Plantar plate repair (benefits and pitfalls)

Presenting Case: Selene Parekh

Panel: Jeremy McCormack, Warren Latham, Krishna Maragh, Andrew Dodd

1715 Hallux rigidus – Cheilectomy, arthroplasty or fusion

Presenting Case: Karl-Andre Lalonde

Panel: Johnny Lau, Thomas Lee, Elizabeth Pedersen, Selene Parekh, Syndie Singer

1745 End of Day

1900 Social Evening at the Hockey Hall of Fame

Saturday, April 21, 2018

Mini Surgical Fellowship

Moderator – Monica Volesky

Each topic will consist of 10 min presentation and 5 min Q&A with the audience.

- 0800 Supramalleolar osteotomies *Marcus Knupp*
0815 Multi-ligament ankle instability reconstruction – No deltoid or lateral ligament? *Anish Kadakia*
0830 MIS forefoot reconstruction *Alastair Younger*
0845 MIS calcaneal osteotomy *Kevin Wing*
0900 MIS ORIF calcaneus fracture. *Richard E. Buckley*
0915 MIS lateral ligament reconstruction *Mark Glazebrook*
0930 Case presentation and panel discussion with audience: Minimally vs. Maximally invasive surgery
Panel: *Alastair Younger, Selene Parekh, Sheldon Lin, Kevin Wing, Andrew Dodd, Nick Smith, Warren Latham*
1000 Break

Continuation

Moderator: Tim Daniels

Each topic will consist of 10 min presentation and 5 min Q&A with the audience.

- 1030 AOFAS future directions *Thomas Lee*
1040 COFAS future directions *Kevin Wing*
1050 COA future directions *Mark Glazebrook*
1100 OOA – What can it do for Ontario orthopedics and subspecialty care *Steven Papp*
1110 Central Intake clinics and bundled care – the future of MSK care in Ontario? *James Waddell & Tim Daniels*
1120 Discussion with audience
1215 Lunch

Continuation

Moderator: Sagar Desai

Each topic will consist of 10 min presentation and 5 min Q&A with the audience.

- 1315 Posterior Malleolus: When to fix? *Marcus Knupp*
1330 Ankle syndesmosis fixation: Tips, tricks *Johnny Lau*
1350 How has my management of calcaneal fractures evolved – Evidence based or Gestalt *Richard E. Buckley*
1415 Ankle arthroscopy for ankle fractures *Anish Kadakia*
1430 Break

Continuation

Moderator: Johnny Lau

Each topic will consist of 10 min presentation and 5 min Q&A with the audience.

- 1500 40 years, male, weekend warrior with moderate ankle arthritis:
Osteotomy, scope, PRP, hyaluronic acid? *Jeremy McCormick*
1520 My approach to the management of the severe flat foot deformity. *Jonathan Deland*
1545 Ankle replacement – When is it the standard of care? *Murray Penner*
1600 Conclusion
1615 End of day

Faculty

For further faculty information please visit: www.cpd.utoronto.ca/footankle/faculty

Ali Al-Beer MD

Richard E. Buckley MD

Ruth Chaytor MD

Tim Daniels MD

Jonathan Deland MD

Sagar Desai MD

Andrew Dodd MD

Peter Dryden MD

Mark Glazebrook MD

Gordon Goplen MD

Bryce Henderson MD

Anish Kadakia MD

Marcus Knupp MD

Karl-Andre Lalonde MD

Jeremy Lamothe MD

Warren Latham MD

Johnny Lau MD

Thomas Lee MD

Sheldon Lin MD

Krishna Maragh MD

Joel Marash MD

Jeremy McCormick MD

Sara Lyn Miniaci-Coxhead MD

Steven Papp MD

Selene Parekh MD

Elizabeth Pedersen MD

Murray Penner MD

Ian Russell MD

Joel Shatzer MD

Syndie Singer MD

Nicholas Smith MD

Dmitry Tsvetkov MD

Monica Volesky MD

James Waddell MD

Kevin Wing MD

Albert Yee MD

Alastair Younger MD

Jerry Xing MD

SAVE THE DATE!

COFA Whistler 2019

Thursday January 31 – Saturday February 2, 2019

Fairmont Chateau Whistler

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This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim up to a maximum of – 15.5 Section (credits are automatically calculated).

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For speaker disclosures, please visit:

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416.978.2719 | 1.888.512.8173
facmed.registration@cpdutoronto.ca

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