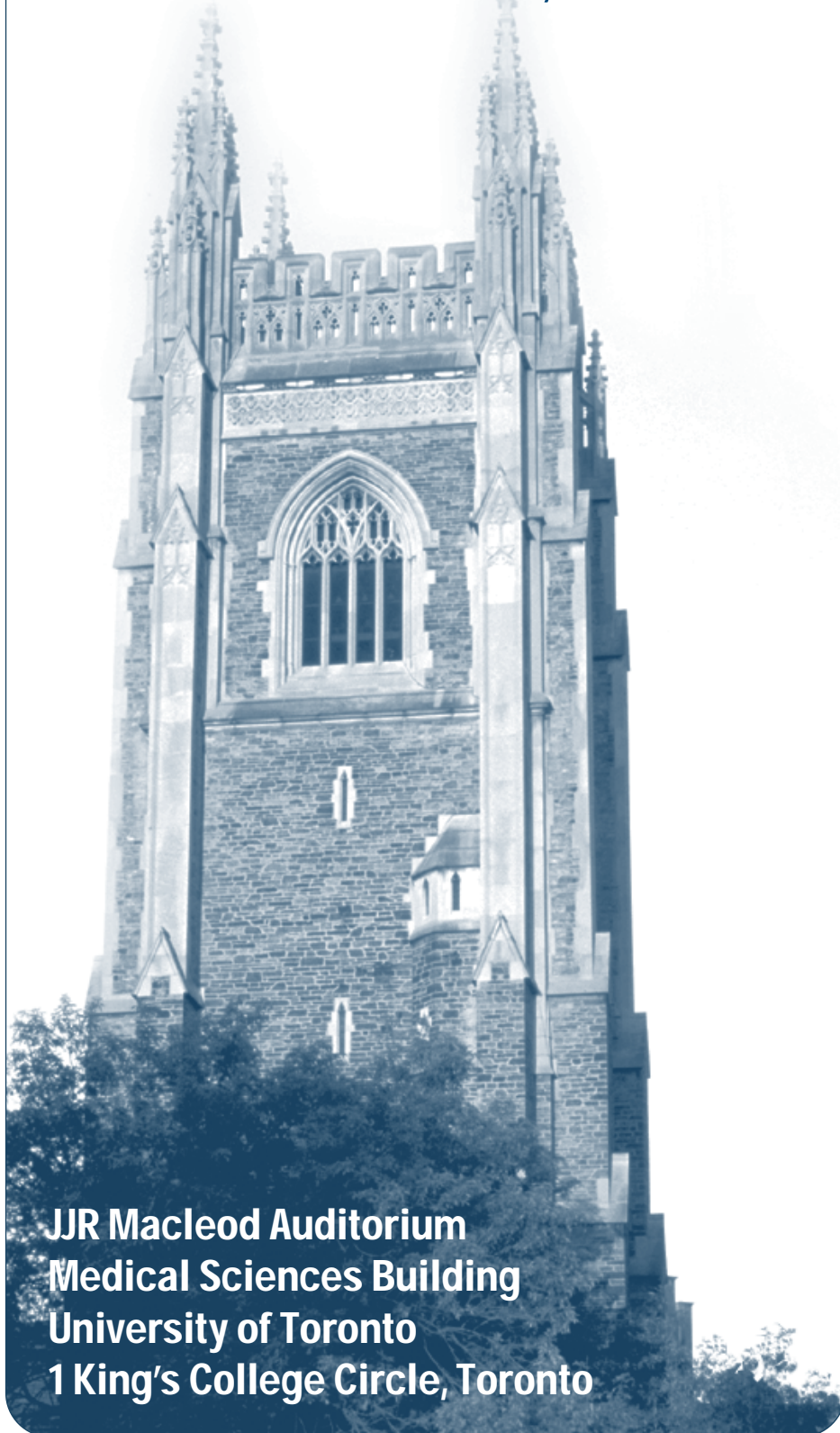


Saturday at the University 2008 2009

The Comprehensive Medical Update for Family Physicians,
General Practitioners and Other Primary Care Professionals



JJR Macleod Auditorium
Medical Sciences Building
University of Toronto
1 King's College Circle, Toronto

A Complete Primary Care Curriculum

September 27, 2008

Schizophrenia
Neurosurgery for the Family Physician
Rheumatology

November 1, 2008

Update on Stroke
Otolaryngology
Chronic Obstructive Pulmonary
Disease

December 6, 2008

Polycystic Ovarian Syndrome
I Never Expected My Office to be
an Emergency Department
Palliative Care

January 31, 2009

Psychiatry
New Drugs
Cardiology

February 28, 2009

Adult Immunization
Nephrology
Essentials of Thrombosis

March 28, 2009

Obstetrics
Revalidation
Dermatology

- Six-Day Program
- Excellent Speakers
- Lectures followed by Q&A
- Multiple-Choice Quizzes
- Comprehensive Syllabus
- GAC-endorsed Guidelines



www.cme.utoronto.ca

Welcome to the 22nd Annual Series of Saturday at the University!

Dear Colleague:

Created by Drs. Colin Woolf and Yvonne de Buda in 1987, Saturday @ The University is still growing steadily, providing excellent speakers who deliver practical, relevant, evidence based CME. We attract a multidisciplinary group of general practitioners, family physicians, general internists and nurse practitioners from all over Ontario, all learning together how to better provide exceptional care in practice.

We have invited back some of our most highly rated speakers who have spoken several times in the past at Saturday at the University. We will continue with our format of excellent speakers, and allowing equal time for questions and answers to help maintain our high level of CME.

The goal of the Planning Committee is to work continuously to provide you with knowledge that is transferable into your everyday practice. If there is a topic you would like to explore, please let us know about it. We appreciate your involvement in planning and hope that you'll find this year's program the best so far. We hope to see you there!

Sincerely,

John Axler, MD,CCFP
Course Director

Format

First, as in past years, we continue to adhere closely to the successful format of fixed, 10-minute lecture blocks, followed by a question-and-answer period of similar length.

To enhance these lectures, we always ask our presenters to focus on family practice or primary care problems, using cases or problems that audience members will find relevant to their practices. Also building on what registrants have indicated as a successful addition to the course, our syllabus is an extensive reminder and reinforcer of learning. Registrants are provided with a set of dividers, which will assist in the storage and retrieval of past speakers' notes.

A successful innovation begun ten years ago, registrants may choose to take a multiple-choice examination based on the educational and clinical content of the previous month.

Focus Groups

Focus groups help plan activities for the year, assist in program evaluation, and make suggestions for the continuing improvement of the course. Focus group participants generally make a commitment to attend most, though not all, of the sessions throughout the year, and participate in an informal and relaxed atmosphere with course planners through the lunch hour. We will attempt to select focus group members to represent the constituencies of our audience: GPs, FPs, Nurse Practitioners and others.

If you wish to serve on a focus group this year, please check the appropriate box on the registration form.

On-line Registration

Registration for Saturday at the University is available online at: www.cme.utoronto.ca. Click on "Looking for an Event" and enter "Saturday at the University".

The GAC



With funding from the Ministry of Health and the OMA, the **Guidelines Advisory Committee of Ontario** reviews, rates and synthesizes guidelines for clinical use - especially helpful for busy family docs and other generalists. To help disseminate these guidelines GAC staff work hard to:

- ensure that relevant GAC guideline summaries are available at each Saturday at the University session;
- help presenters keep their presentations focused on the endorsed, summarized guideline; and
- maintain an active and very helpful website at www.gacguidelines.ca

Objectives

By participating in this series, registrants will be able to:

1. acquire knowledge of new investigations, management strategies and therapies
2. maintain and enhance their competence in a wide variety of family and general practice subjects
3. develop practical office-based screening and disease prevention strategies

Moderators

The question-and-answer sessions are handled by family physician moderators, who accept and review written questions from the audience and present them to the speakers in a synopsis that expedites this highly important, but informal and practical, aspect of the program.

This year's moderators include:

Dr. John Axler
Dr. Milena Forte
Dr. Barnett Giblon
Dr. Naznin Lalani
Dr. Jonathan Marcus
Dr. Nick Moore

and other members of the Faculty of Medicine.

Accreditation

This program meets the accreditation criteria of **The College of Family Physicians of Canada** and has been accredited for up to 33 **Mainpro-M1 credits** (5.5 credits per day).

Members of the **American Academy of Family Physicians** are eligible to receive up to 33 Prescribed credits (5.5 credits per day) for attendance at this meeting due to reciprocal agreement with The College of Family Physicians of Canada.

The Office of Continuing Education and Professional Development, Faculty of Medicine, University of Toronto designates this educational activity for a maximum of 33 category 1 credits (5.5 credits per day) toward the **American Medical Association Physician's Recognition Award**. Each physician should claim only those credits that he/she actually spent in the activity.

September 27, 2008

November 1, 2008

December 6, 2008

8:15 Registration
Continental Breakfast
Exhibits

8:50 Welcome & Announcements

Schizophrenia

Dr. Zahinoor Ismail

- 9:00 • Diagnosis / Early Detection
- 9:30 • Treatment Approaches
- 10:00 • Metabolic Issues with Atypical Antipsychotics
- 10:30 • Psychosis in Late Life
- 11:00 Coffee/Refreshments/Exhibits

Neurosurgery for the Family Physician

Dr. Mojgan Hodaie

- 11:20 • Diagnosis and Management of Brain Tumours
- 11:45 • Surgical Management of Brain Trigeminal Neuralgia
- 12:10 • Gamma Knife Radiosurgery
- 12:35 • Deep Brain Stimulation: Essentials
- 1:00 Lunch & Focus Group Sessions
- 1:40 Dessert & Coffee with Exhibitors

Rheumatology

Dr. Philip Baer

- 2:10 • Rheumatoid Arthritis
- 2:35 • Osteoarthritis
- 3:00 • Gout
- 3:25 • Ankylosing Spondylitis
- 4:00 Evaluation & Adjournment

Saturday
at the
University

The Comprehensive Medical Update for Family Physicians,
General Practitioners and Other Primary Care Professionals

8:15 Registration
Continental Breakfast
Exhibits

8:50 Welcome & Announcements

Update on Stroke

Dr. Frank Silver

- 9:00 • Stroke Prevention Primary and Secondary #1
- 9:30 • Stroke Prevention Primary and Secondary #2
- 10:00 • Advances in Treatment
- 10:30 • Stroke Mimics
- 10:55 Multiple Choice Questions
- 11:00 Coffee/Refreshments/Exhibits

Otolaryngology

Dr. Ian Witterick

- 11:20 • Nasal Polyposis and Steroids
- 11:45 • Sinusitis: Acute and Chronic
- 12:10 • How to Interpret an Audiogram and Common Configurations
- 12:35 • When to Suspect a Head and Neck Cancer
- 1:00 Lunch & Focus Group Sessions
- 1:40 Dessert & Coffee with Exhibitors
- 2:00 Review of Multiple Choice (Post-Test) Questions

Chronic Obstructive Pulmonary Disease

Dr. Matthew Stanbrook

- 2:10 • What's New in COPD?
- 2:35 • What's New in the New Guidelines?
- 3:00 • Do We Affect Mortality with Our Treatment?
- 3:25 • The Importance of Preventing Exacerbations
- 4:00 Evaluation & Adjournment

8:15 Registration
Continental Breakfast
Exhibits

8:50 Welcome & Announcements

Polycystic Ovarian Syndrome

Dr. Nina Wine

- 9:00 • Diagnosis of PCOS
- 9:30 • Other Manifestations #1
- 10:00 • Other Manifestations #2
- 10:30 • Treatment
- 10:55 Multiple Choice Questions
- 11:00 Coffee/Refreshments/Exhibits

I Never Expected My Office to Be an Emergency Department

Dr. Anna Jarvis

- 11:20 • Seizures
- 11:45 • Eye Injuries
- 12:10 • Cuts and Bruises
- 12:35 • Fractures
- 1:00 Lunch & Focus Group Sessions
- 1:40 Dessert & Coffee with Exhibitors
- 2:00 Review of Multiple Choice (Post-Test) Questions

Palliative Care

Dr. S. Lawrence Librach

- 2:10 • Universal Precautions in Prescribing Opioids
- 2:35 • Dealing with Anorexia / Cachexia in Palliative Care Patients
- 3:00 • The Use of Cannabinoids in Pain and Symptom Management
- 3:25 • Advance Care Planning for End of Life Decision-Making: A Practical Approach
- 4:00 Evaluation & Adjournment

January 31, 2009

8:15 Registration
Continental Breakfast
Exhibits

8:50 Welcome & Announcements

Psychiatry

Dr. Roger McIntyre

- 9:00 • Mood Disorders and Diabetes
- 9:30 • Mood Disorders and the Metabolic Syndrome
- 10:00 • Mood Disorders and Cognition
- 10:30 • Integrating Pharmacology and Exercise in the Treatment of Mood Disorders
- 10:55 Multiple Choice Questions
- 11:00 Coffee/Refreshments/Exhibits

New Drugs

Dr. Peter J. Lin

- 11:20 • Incretins - DPP4 Inhibitors
- 11:45 • Direct Renin Inhibitors
- 12:10 • Direct Thrombin Inhibitors
- 12:35 • CETP Inhibitors
- 1:00 Lunch & Focus Group Sessions
- 1:40 Dessert & Coffee with Exhibitors
- 2:00 Review of Multiple Choice (Post-Test) Questions

Cardiology

Dr. Heather Ross

- 2:10 • Diagnosis of Heart Failure
- 2:35 • Investigation of Heart Failure
- 3:00 • Treatment of Heart Failure #1
- 3:25 • Treatment of Heart Failure #2
- 4:00 Evaluation & Adjournment

February 28, 2009

8:15 Registration
Continental Breakfast
Exhibits

8:50 Welcome & Announcements

Adult Immunization: We Can't Afford Not to Do It Better

Dr. Jay Keystone and Vivien Brown

- 9:00 • Why Care about Whooping Cough Pneumococcus and Meningococcus?
- 9:30 • Protecting **Our** Kids, **Our** Patients and **Ourselves** against HPV and HSV
- 10:00 • New Canadians need Varicella and Older Ones Zoster Vaccine
- 10:30 • Practical Solutions to Adult Immunization Practices
- 10:55 Multiple Choice Questions
- 11:00 Coffee/Refreshments/Exhibits

Nephrology

Dr. Philip McFarlane

- 11:20 • Hypertension #1
- 11:45 • Hypertension #2
- 12:10 • Chronic Kidney Disease
- 12:35 • The Diabetic Kidney
- 1:00 Lunch & Focus Group Sessions
- 1:40 Dessert & Coffee with Exhibitors
- 2:00 Review of Multiple Choice (Post-Test) Questions

Essentials of Thrombosis

Dr. Alan Bell

- 2:10 • The Basics: Thrombosis 101
- 2:35 • Prevention of Venous Thromboembolism
- 3:00 • Management of Venous Thromboembolism
- 3:25 • What's New?
- 4:00 Evaluation & Adjournment

March 28, 2009

8:15 Registration
Continental Breakfast
Exhibits

8:50 Welcome & Announcements

Obstetrics: Before They See the Obstetrician

Dr. Fay Weisberg

- 9:00 • Prepregnancy Counselling
- 9:30 • Infertility Workup for a Family Physician
- 10:00 • 1st Trimester Bleeding
- 10:30 • 1st Trimester Screening
- 10:55 Multiple Choice Questions
- 11:00 Coffee/Refreshments/Exhibits

Revalidation

Mr. Dan Faulkner

- 11:20 • Revalidation: Facts and Myths
- 11:45 • Continuing Professional Development
- 12:10 • Putting the "Peer" in Peer Assessment
- 12:35 • Controversial Tools
- 1:00 Lunch & Focus Group Sessions
- 1:40 Dessert & Coffee with Exhibitors
- 2:00 Review of Multiple Choice (Post-Test) Questions

Dermatology

Dr. R. Gary Sibbald

- 2:10 • Common Benign/Malignant Skin Lesions
- 2:35 • Melanoma
- 3:00 • The Diabetic Foot
- 3:25 • Pressure Ulcers
- 4:00 Evaluation & Adjournment

Guest Faculty

Philip A. Baer, MDCM, FRCPC, FACP
P. Baer Consulting Inc.
Toronto, Ontario

Alan Bell, MD, MCFP
Humber River Regional Hospital
Department of Family Medicine
Toronto, Ontario

Dan Faulkner
Director, Quality Management
College of Physicians and
Surgeons of Ontario,
Toronto, Ontario

Peter J. Lin, MD, CCFP
Director, Primary Care Initiatives
Canadian Heart Research
Centre, Toronto, Ontario

Nina Wine, MD, FRCPC
LMC Endocrinology Centres
Thornhill, Ontario

University of Toronto Faculty

Vivien Brown, MDCM, CCFP, FCFP
Lecturer, Department of Family
and Community Medicine

William Geerts, MD, FRCPC, FCCP
Professor, Department of Medicine
Consultant in Clinical
Thromboembolism, Sunnybrook
Health Sciences Centre

Mojgan Hodaie, MD, MSc, FRCSC
Assistant Professor,
Department of Surgery
Staff Neurosurgeon,
Toronto Western Hospital

Zahinoor Ismail, BMSc, MD, FRCPC
Assistant Professor,
Department of Psychiatry
Head, CAMH Memory Clinic

Anna Jarvis, MB, BS, FRCPC, FAAP
Professor,
Department of Paediatrics

Jay Keystone, MD
Professor, Department of Medicine

S. Lawrence Librach, MD, CCFP, FCFP
Professor, Department of Family
and Community Medicine
W. Gifford-Jones Professor of
Pain Control & Palliative Care

Philip McFarlane, MD, PhD, FRCPC
Assistant Professor,
Department of Medicine

Roger McIntyre, MD, FRCPC
Associate Professor,
Department of Psychiatry

Heather Ross, MD, MHSc, FRCPC
Associate Professor, Medical
Director Cardiac Transplantation,
Deputy Director of the
MOT Program, Divisions of
Cardiology and Transplant,
Fenwick Professor in Advanced
Heart Failure, Toronto, Ontario

R. Gary Sibbald, MD, FRCPC
Professor,
Departments of Medicine
and Public Health Sciences

Frank Silver, MD, FRCPC
Professor,
Department of Medicine

Matthew Stanbrook, MD, PhD
Assistant Professor, Departments
of Medicine and Health Policy,
Management and Evaluation

Ian Witterick, MD, FRCSC
Assistant Professor,
Department of Otolaryngology,
Head & Neck Surgery

Fay Weisberg, MD, FRCSC
Assistant Professor,
Department of Obstetrics
and Gynaecology

Planning Committee

John Axler, MD, CCFP
Director,
Continuing Education Programs
Lecturer, Department of Family
and Community Medicine

Yvonne de Buda, MD
Professor Emeritus,
Department of Family
and Community Medicine

Milena Forte, MD, CCFP
Lecturer, Department of Family
and Community Medicine

Barnett Giblon, MD, CCFP, FCFP
Assistant Professor,
Department of Family
and Community Medicine

Naznin Lalani, MD, CCFP, FCFP
Assistant Professor,
Department of Family
and Community Medicine

Jonathan Marcus, MD, CCFP
Family Physician
Toronto, Ontario

Nick Moore, MD
Staff, St. Michael's Hospital
Active Staff, Toronto East General
and Orthopaedic Hospital Inc.

Disclosure

Speakers will be requested to disclose to the audience, any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Fees

Per Session:

Physicians\$140
Other Health Professionals\$105
U of T Residents and Fellows, Out of Town Residents and Recent Graduates (within 2 years)\$105

Onsite Registrations will be subject to an additional \$10 processing fee.

Register for Five Sessions and get the Sixth Session Free!

All Six Sessions:

Physicians\$700
Other Health Professionals\$525

Registrants receive:

- Syllabus materials
- Continental breakfast
- Mid-morning beverages
- Buffet lunch

Cancellation

• **Registration refunds** will be issued only for cancellations received three days prior to a particular session. An administrative fee of \$40 per session will be retained.

• Requests for refunds must be made in writing.

• **Registrations are not transferable.**

The University of Toronto reserves the right to cancel events. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for events cancelled by the University will be refunded; however the University will not be liable for any loss, damages or other expenses that such cancellations may cause.

Registration Deadline

For registration in all six sessions: **September 19, 2008.**

For individual sessions: **five days prior to each session.**

Accommodation

Metropolitan Hotel, 108 Chestnut Street

Please direct your room requirements to the hotel reservations department, stating "University of Toronto Rate".

Fall rates for September / November / December ... \$155 per night
Winter rates for January / February / March \$140 per night

Phone: 416.599.0555
Toll-Free: 1.800.668.6600
Fax: 416.597.6351
E-mail: reservations@metropolitan.com
Website: www.metropolitan.ca/toronto

Cancellation Policy:

Reservations cancelled within five (5) days of arrival will be charged for the stay in its entirety.

For other accommodations, please visit the Toronto Tourism website: www.torontotourism.com

Saturday at the University

2008 2009

Some comments from the 2007/2008 program evaluation forms and focus groups:

"Well run, good topics, knowledgeable speakers
with practical advice."

"Up-to-date and informative."

"Well organized, informative."

"I always learn something I can apply immediately."

Location/Transportation/Parking

JJR Macleod Auditorium, Medical Sciences Building
University of Toronto, 1 King's College Circle

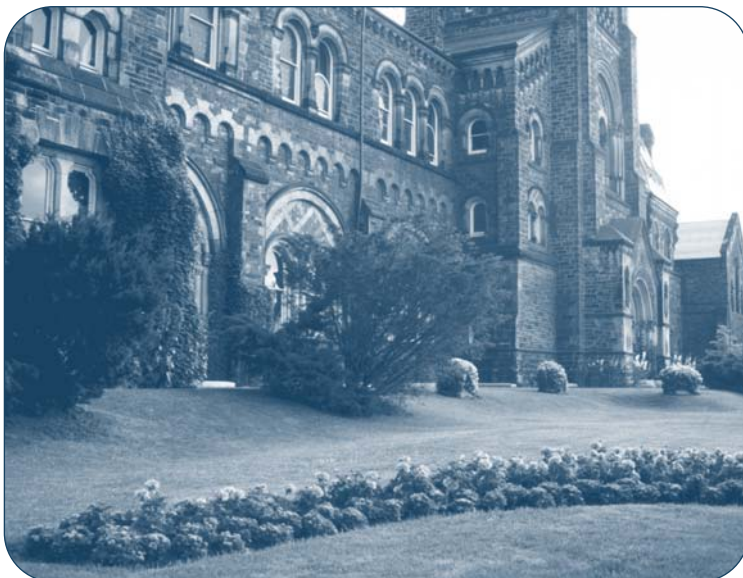
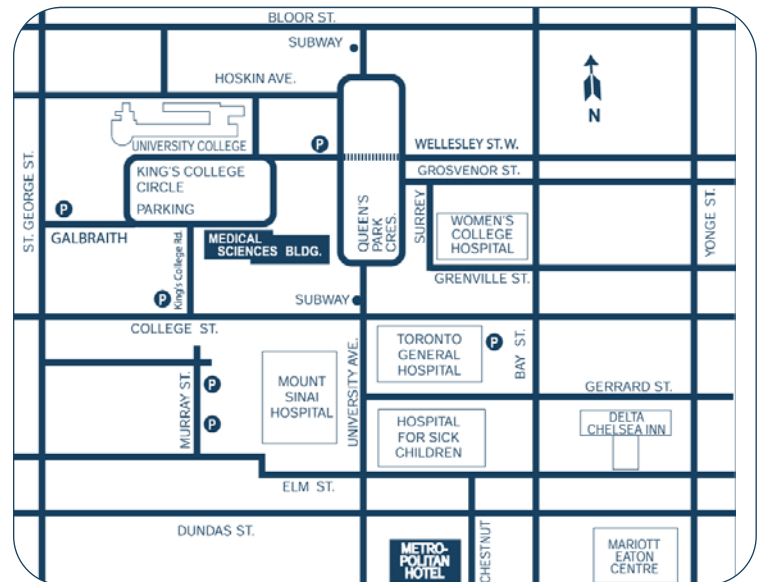
Inexpensive parking is available on Campus. Entrances to King's College Circle off Wellesley Street West, College Street and Galbraith Road.

Cars may be ticketed only if parking is not paid. Payment made by coins or credit card at ticket machine.

The University of Toronto is situated close to the subway at Queen's Park Station on the University/Spadina Line.

For Information

Office of Continuing Education
and Professional Development
Faculty of Medicine, University of Toronto
500 University Avenue, Suite 650
Toronto, Ontario M5G 1V7
Tel: 416.978.2719 / Toll free: 1.888.512.8173
Fax: 416.946.7028
E-mail: help-INT0807@cmeteronto.ca
Website: www.cme.utoronto.ca



University College, University of Toronto



Medical Sciences Building, University of Toronto

Registration Form: Saturday at the University 2008-2009

TO REGISTER AND PAY ONLINE, please visit our website: www.cme.utoronto.ca

Click on "Looking for an Event" and enter "Saturday at the University". It is not necessary to complete this form if registering online.

PLEASE PRINT CLEARLY:

Title	Last Name	First Name	
Address	City	Province/State	Postal/Zip Code
e-mail address (please provide in order to receive your receipt)		Business Telephone	Fax
Hospital/Affiliation		Type of Practice	Solo or Group
School of Professional Degree Graduation		Year of Graduation	CPSO # (optional)

SESSION FEES:	5-6 Sessions	Individual Sessions	Onsite Registration Fee
Physicians	\$700	\$140	\$150
Other Health Professionals	\$525	\$105	\$115

PLEASE REGISTER ME:

NOTE: REGISTER FOR FIVE SESSIONS AND GET THE SIXTH SESSION FREE!

Physicians

- All six sessions @ \$700
- Five sessions @ \$700
- Four sessions @ \$560
- Three sessions @ \$420
- Two sessions @ \$280
- One session @ \$140

Total \$ _____

Other Health Professionals

- All six sessions @ \$525
- Five sessions @ \$525
- Four sessions @ \$420
- Three sessions @ \$315
- Two sessions @ \$210
- One session @ \$105

Total \$ _____

U of T Residents and Fellows, Out of Town Residents and Recent Graduates (within 2 years)

- All six sessions @ \$525
- Five sessions @ \$525
- Four sessions @ \$420
- Three sessions @ \$315
- Two sessions @ \$210
- One session @ \$105

Total \$ _____

PLEASE INDICATE BELOW WHICH SESSION(S) YOU ARE ATTENDING:

I wish to attend the following sessions:

- September 27, 2008
- November 1, 2008
- December 6, 2008
- January 31, 2009
- February 28, 2009
- March 28, 2009
- I wish to serve on a Focus Group

MY PAYMENT METHOD:

1. To pay by VISA, MasterCard or American Express:

a) **Online:** To register and pay by credit card online, please visit www.cme.utoronto.ca. Click on "Looking for an Event" and enter "Saturday at the University" at least five days prior to individual sessions or by September 19, 2008 for all six sessions.

b) **By fax:** To register by fax and pay by credit card, please fax this registration form, including credit card information below, at least eight days prior to individual sessions or by September 19, 2008 for all six sessions. Fax # 416.946.7028.

VISA MasterCard American Express

Card Number _____ Expiry Date _____

Cardholder Name _____

Total Amount _____ Authorized Signature _____

2. To pay by cheque: Please forward this form and your cheque at least eight days prior to individual sessions or by September 19, 2008 for all six sessions to:

Continuing Education and Professional Development
Faculty of Medicine, University of Toronto
500 University Ave, Suite 650, Toronto, Ontario M5G 1V7

- Enclosed please find cheque for \$_____ CAD payable to the University of Toronto. Post-dated cheques will not be accepted.

NOTES

- **Registration refunds** will be issued only for cancellations received at least three days prior to a particular session. An administrative fee of \$40 per session will be retained.
- Requests for refunds must be made in writing.
- **Registrations are not transferrable.**