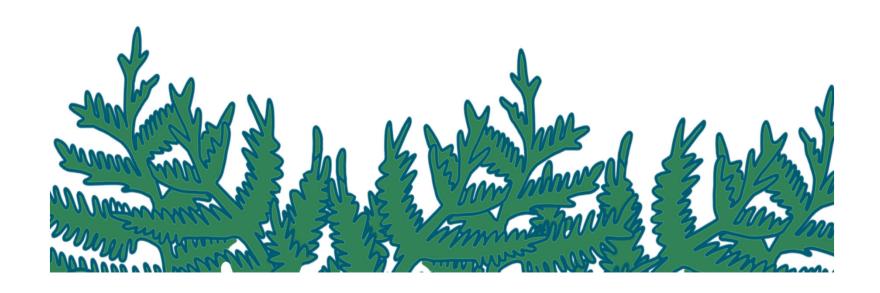
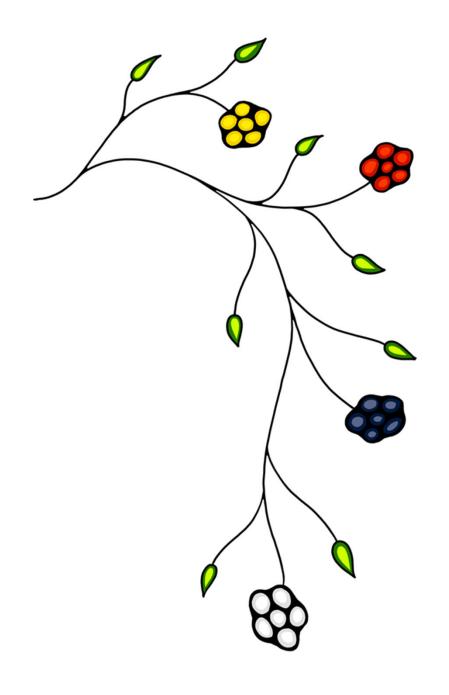
# Indigenous Health in the COVID Era

Dr. Lisa Richardson July 14, 2020



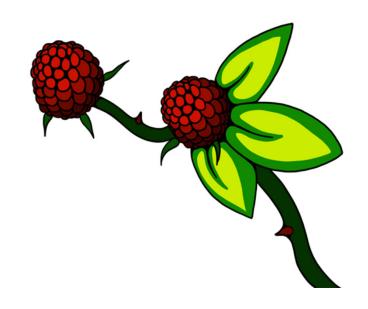


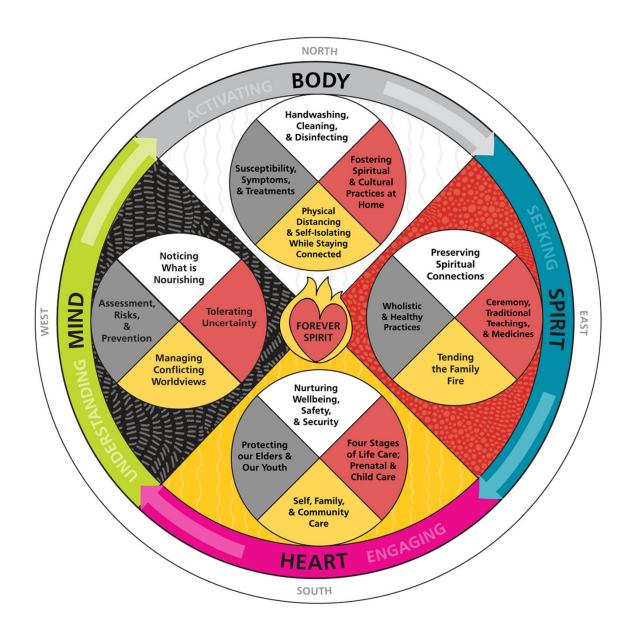
### Acknowledgments

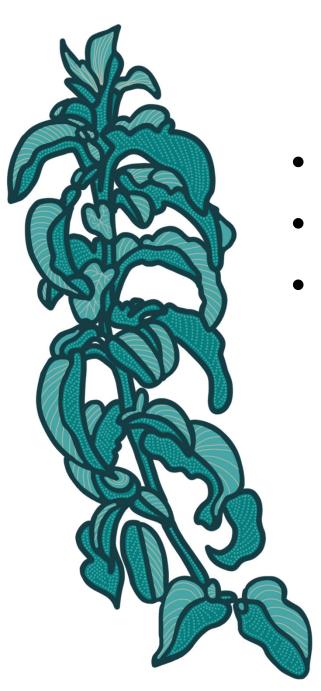
- Land acknowledgment
- Chief Lady Bird and Selena Mills for graphic design with permission of Women's College Hospital's Indigenous Health Education Group and United Way's Local Love

#### **Outline**

- Introduction
- Indigenous frameworks & methodologies
- Physical
- Mental
- Emotional
- Spiritual



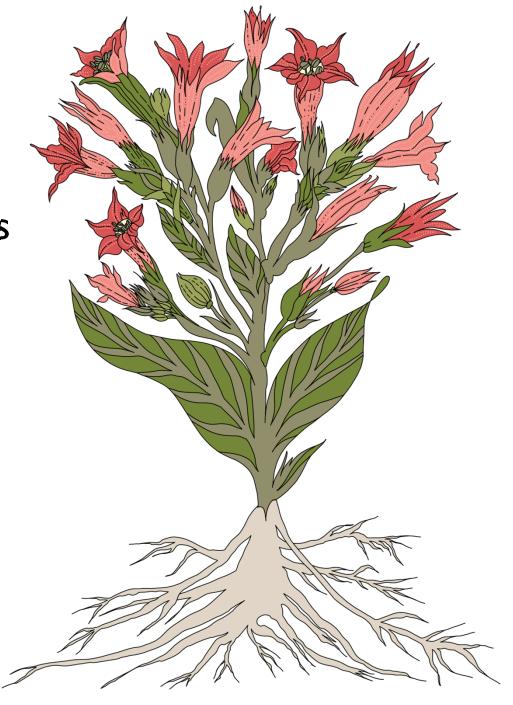


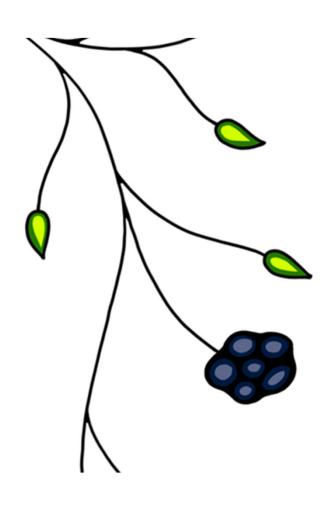


- Introduction
- Self-location
- Reflexivity

## **Physical**

- History of pandemics& public health
- HINI
- High risk
- Social determinants
- Infrastructure





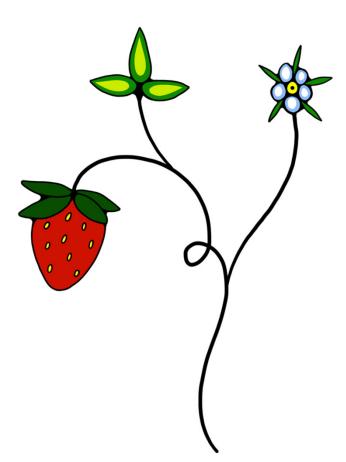
#### Mental

- Emergency Preparedness
  Plans
- Educational materials
- Jurisdictional boundaries
- Data

#### **Emotional**



- Community-led initiatives
- Health impacts of trauma
- Racism



## All my relations

"Because when you say those words you mean everything that you are kin to. Not just those people who look like you, talk like you, act like you, sing, dance, celebrate, worship or pray like you. Everyone. You also mean everything that relies on air, water, sunlight and the power of the Earth and the universe itself for sustenance and perpetuation. It's recognition of the fact that we are all one body moving through time and space together."

## **Spiritual**

- Strengths-based
- Role of Elders, knowledge keepers
- Different ways of being/knowing

